

**FOR IMMEDIATE RELEASE:**

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**MOM and DAD Project Receives Funding**

Big Bear City, CA – Bear Valley Community Healthcare District Foundation (BVCHDF) received \$20,000 from Arrowhead United Way (AUW) for the MOM and DAD Project. The program is the only parenting education program in Big Bear Valley.

The MOM and DAD Project provides a full spectrum of parenting education and resource center services to families with children ages 0-18 years and is labeled a model program by First 5. The program provides researched based prenatal and parenting programs with courses in parenting skills, child development, safety and health, and bonding and attachment.

The program participants set their own goals in order to demonstrate five new or improved parenting skills, and it is free for all parents in Big Bear Valley. The program educates parents about topics that affect youth and child wellbeing which alleviates other social issues and improves the community.

AUW is a volunteer driven organization that actively supports health and human services by focusing on youth services, family services, and basic needs. These services address the underlying causes of the community's issues and create lasting change. The organization was established over 118 years ago and is led by prominent respected community leaders; it is one of the oldest United Ways in the country.

AUW encourages individuals to become more involved in the community by giving, advocating, and volunteering. For more information about how to become involved with AUW, please call (909) 884-9441 or visit [www.ArrowheadUnitedWay.org](http://www.ArrowheadUnitedWay.org).

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